

Post-Surgery Wet-to-Dry Dressing

Supplies: These supplies are available at your local pharmacy

Saline Solution

Gauze (2x2 or 4x4)

Tape

Instructions:

1. Wash your hands
2. Open the gauze fully
3. Wet the gauze with the saline solution
4. Squeeze the gauze until it is almost dry
5. Pack the gauze **ONLY** into the open area of the wound
6. Cover the wound with dry gauze
7. Use the tape to secure the gauze over the wound
8. Repeat this process three times a day

If the gauze gets stuck on the wound, gently pull it off to remove it. It may bleed slightly. PLEASE DO NOT WET THE GAUZE TO REMOVE IT UNLESS ABSOLUTELY NECESSARY! Wetting the gauze to try to remove it more easily will actually prolong the healing process.

Call Dr. Dubiel's office at 231-935-5880 with questions or concerns